

| Date | Start | Event Name | Location |
|----------------|----------|---|-----------------------------|
| Wed 03/16/2016 | 3:00 pm | Jamboree Varsity Track GSL @ Ferris | Ferris High School |
| Sat 03/19/2016 | 10:30 am | NL Track Ferris @ Ferris Invitational @ Ferris | Ferris High School |
| Wed 03/30/2016 | 3:30 pm | Varsity Track Ferris/Mt Spokane @ CV | CVHS Stadium |
| Thu 04/14/2016 | 3:30 pm | Varsity Track Ferris/Mead/Rogers @ University | University HS Stadium |
| Sat 04/16/2016 | 9:30 am | NL Varsity Track Ferris @ Pasco Invitational @ Pasco | Edgar Brown Stadium (Pasco) |
| Thu 04/21/2016 | 4:00 pm | Varsity Track LC/University @ Ferris | Ferris High School |
| Sat 04/23/2016 | 9:30 am | NL Track & Field GSL at The Mooberry Relays (Rogers) | Rogers High School |
| Thu 04/28/2016 | 3:30 pm | Varsity Track CV/Ferris/G-Prep @ Mead | Mead HS Track |
| Sat 04/30/2016 | 9:00 am | NL Varsity (Girls) Track Ferris @ Lake Washington Invitational | Lake Washington HS |
| Sat 04/30/2016 | 9:00 am | NL Varsity Track Ferris @ Strandberg Invitational @ CV | Central Valley High School |
| Sat 04/30/2016 | 10:00 am | NL Varsity (Boys) Track Ferris @ Shoreline Invitational @ Shoreline High School | Shoreline HS |
| Thu 05/05/2016 | 3:30 pm | Varsity Track Mead/NC/Shadle @ Ferris | Ferris High School |